

## Lakeside Trails Number 3. Half Day

Enjoy a slow start to the day with breakfast at the local Shelley's on the Beach Café. (By the way, if you don't do mornings well this can easily be switched to lunch)! Here is a relaxed eating place where you can dolphin and whale spot while you eat. After your meal you might enjoy a walk along the beach, Shelley is a great place to search for shells, pebbles and crabs!

Next, why not hire some bikes and helmets from Jack Ransom Cycles, there are lots of bike paths around Ballina and it's a lovely way to the sights. Call 6686 3485 and ask for Jason, he has a bike to suit everyone, including a tandem cycle and trailers for the baby. If biking is not your thing perhaps hiring a kayak at Evans Head is a good option? Call to book on 0410 016 926.

Now that you have used up all that energy why not stroll down River Street and take a look at the shops, perhaps stop for a coffee or cool drink at one of the local cafés ?